

FREE WEBINAR SERIES

This event will be hosted via our Online Learning Platform



THE ROLE OF COACHING IN LEADERSHIP

Introducing what is coaching for oneself and as a leader/manager

Facilitated by Julie Elliott

Julie has been involved in personal development for the past 15 years. She is a Life Coach, Mindfulness Teacher, and she facilitates on various programmes for UKZN Extended Learning (UEL), specialising in Personal Mastery, Emotional Intelligence and Mindfulness for Leaders.

Julie has a Post-graduate certificate from Stellenbosch University in Mindfulness-based Interventions and has been running the 8-week Mindfulness-based Stress Reduction programme since 2016. She has also coached leaders, managers and emerging managers on UEL's SLDP, MDP and EMP programmes for the past 6 years.



Simplicity Coaching
creating connections



10th November 2020

10h00 - 11h00

Spaces are limited
RSVP by 9th November 2020

[**Click here**](#)